

hot drinks

ESPRESSO 3.40

CORTADO 3.60

FLAT WHITE 4.00

AMERICANO (HOT/ICED) 3.80

LATTE (HOT/ICED) 4.50

CHAI (HOT/ICED) 4.50

MATCHA LATTE (HOT/ICED) 4.50

CAPPUCCINO 4.50

MOCHA (HOT / ICED) 5.00

TRADITIONAL HOT CHOC 5.00

Made with real 55% chocolate. We use real chocolate.

Cream +0.50 (**soya**) Marshmallows +0.50

SPECIALITY TEAS

Breakfast, camomile, earl grey, peppermint, green

speciality coffees

ALL SERVED ICED OR HOT. HOT COFFEES SERVED WITHOUT COLD FOAM.

BISCOFFEE 5.80

Biscoff latte, topped with biscoff cold foam. (**Gluten, soya**)

BUENO LATTE 5.80

Macadamia latte, white choc cold foam & hazelnut pieces. Tastes just like a bueno!

(**Nuts, Soya**)

SALTED MAPLE LATTE 5.50

Maple latte with maldon salt

STICKY BANANA BREAD LATTE 5.80

Banana & cinnamon latte edged with sticky toffee caramel and maple cinnamon cold foam. (**Soya**)

CINNAMON OR CARDAMOM BUN LATTE 5.80

Cinnamon, vanilla & madeline latte topped with vanilla cold foam (**Soya**)

PUMPKIN SPICED MAPLE LATTE 5.80

Pumpkin spice latte with maple cinnamon cold foam. (**Soya**)

ALMOND CROISSANT LATTE £5.80

Almond croissant latte with almond milk, topped with vanilla cold foam & toasted almonds. (**Nuts, Soya**)

chai

ALL SERVED ICED OR HOT. MAKE IT DIRTY, ADD ESPRESSO +0.50

PUMPKIN CHAI 5.50

Served with a pumpkin cold foam & cinnamon sugar (**Soya**)

WHITE CHOC CARAMEL CHAI 5.50

Served with sticky toffee caramel & a white chocolate cold foam (**Soya**)

BISCOFF CHAI 5.50

Served with a Biscoff cold foam. Hot served with melted biscoff. (**Gluten, Soya**)

SYRUPS AVAILABLE +0.50

VANILLA, HAZELNUT, PISTACHIO, CARAMEL, BLUEBERRY, CINNAMON, WHITE CHOC, CHERRY, PUMPKIN SPICE, MAPLE, MAPLE SPICE, HONEYCOMB, CARDAMOM.

MILKS AVAILABLE

GF OAT, ALMOND, COCONUT

ALL DRINKS ARE MADE WITH GLUTEN FREE OAT MILK. PLEASE INFORM A MEMBER OF STAFF OF ANY ALLERGIES OR INTOLERANCES FOR ALTERNATIVE RECOMMENDATIONS.

matchas

WE OFFER TOP QUALITY CEREMONIAL GRADE MATCHA DIRECTLY FROM JAPAN & WE HIGHLY RECOMMEND YOU TRY IT! WE USE 3 GRAMS FOR SMALL (12OZ) & 4 FOR LARGE (16OZ). ALL SERVED ICED OR HOT. HOT DRINKS ARE WITHOUT COLD FOAM BUT HAVE FLAVOUR IN THE BASE.

BISCOFF MATCHA 5.80

Biscoff matcha, topped with biscoff cold foam (**Gluten, Soya**)

BUENO MATCHA 5.80

Macadamia matcha, white choc cold foam & hazelnut pieces (**Nuts, Soya**)

STICKY BANANA BREAD MATCHA 5.80

Banana & cinnamon matcha edged with sticky toffee caramel and maple cinnamon cold foam (**Soya**)

CINNAMON OR CARDAMOM BUN MATCHA 5.80

Cinnamon, vanilla & madeline matcha topped with vanilla cold foam (**Soya**)

ALMOND CROISSANT MATCHA 5.80

Almond croissant latte with almond milk, topped with vanilla cold foam & toasted almonds. (**Nuts, Soya**)

MATCHAI 5.50

Spiced chai matcha. the perfect fusion of flavours!

EARL GREY MATCHA 5.50

Earl grey infused milk topped with our ceremonial grade matcha

PUMPKIN SPICED MAPLE MATCHA 5.80

Pumpkin spiced matcha with a maple cinnamon cold foam (**Soya**)

GO LARGE FOR £1 ON ALL DRINKS!

smoothies

SMOOTHIE ADD ONS: UNFLAVOURED PROTEIN +1.50
ALL SMOOTHIES ARE GLUTEN FREE.

PARADISE 7.00

Mango, pineapple, passionfruit & banana.

Add greens = green goddess +0.50

STRAWBERRY GLAZE 7.00

Strawberry, banana, raspberry & oat milk

MANGO GLOW 7.00

Just Mango!

BREAKFAST AT SUNDAYS 7.00

Strawberry, blackberry, blueberry, raspberry & banana with oat milk. topped with granola

small plates

CINNAMON ROLL BANANA BREAD 6.50

Cinnamon & vanilla banana bread topped with cream cheese frosting & dried bananas (**Gluten, Soya**)

SOURDOUGH TOAST 4.00

Toasted sourdough (**Gluten**) with your choice of:

- Peanut butter, agave & sea salt (**Nuts**)
- Homemade raspberry jam & butter (**Soya**)
- Butter (**Soya**)

WARM COOKIE & ICE CREAM 6.50

Cookie of your choice from our cabinet warmed up, with northern bloc vanilla icecream. (**Gluten, Soya, Nuts**)

SALTY DATE 6.50

Sourdough topped with almond butter, smashed medjool dates, nutella & maldon salt (**Gluten, Nuts**)

pancake stacks

PANCAKE SPECIALS (STACKS OF 3) AVAILABLE REGULAR OR BUCKWHEAT (GF) (+1.00)

APPLE CRUMBLE 13.00

Apple compote, custard & homemade crumble. (Available gf) **(Gluten, Soya)**

STICKY TOFFEE 13.00

Sticky toffee caramel, vanilla ice cream/custard & honeycomb bits. (Available gf) **(Gluten, Soya)**

CARAMEL BANANA 13.00

Homemade salted caramel, banana with salted pretzel bits & honeycomb bits. (Available gf) **(Gluten, Soya)**

CINNAMON ROLL 13.00

Swirled cinnamon pancakes with maple syrup – Cinnamon butter or cream cheese frosting? **(Gluten, Soya)**

BREAKFAST AT SUNDAYS 13.00

Strawberry, banana, blueberries & granola topped with maple syrup. (Available gf) **(Gluten, Soya)**

BISCOFF 13.00

Melted biscoff sauce & biscoff bits. **(Gluten, Soya)**

S'MORES 13.00

Homemade hot choc sauce topped with marshmallows & digestive biscuits **(Gluten, Soya)**

ADD NORTHERN BLOC VANILLA ICE CREAM OR WHIPPED CREAM TO ANY STACK FOR 2.00 (SOYA)

build your own pancakes

STACKS OF 3, PICK YOUR PERFECT PANCAKES (£13) MAKE GF FOR £1.

FRUIT (CHOOSE 2)

- Strawberries
- Banana
- Pineapple
- Mango
- Raspberries
- Passionfruit
- Kiwi

SAUCE (CHOOSE 1)

- Peanut butter **(Nuts)**
- Golden syrup
- Maple syrup
- Nutella **(Nuts, Soya) (+1.50)**
- Biscoff **(Soya, gluten)**
- Chocolate sauce **(Soya)**
- Salted caramel **(Soya)**
- Date caramel **(Soya)**

EXTRAS

- Fruit +1.00
- Sauce +1.50
- Whipped Cream +1.00 **(Soya)**
- Ice Cream +2.00

acai bowls

ALL OUR ACAI BOWLS ARE BUILD YOUR OWN! MAKE YOUR PERFECT BOWL WITH 3 FRUITS AND 1 TOPPING. OUR ACAI BOWLS ARE 160Z! 13.50

TOPPINGS (CHOOSE 1)

FRUIT (CHOOSE 3)

- Strawberries
- Banana
- Pineapple
- Mango
- Raspberries
- Passionfruit
- Kiwi

- Nut butter **(Nuts)**
- Sweet & salty peanut butter **(Nuts)**
- Almond butter(+2.00) **(Nuts)**
- Nutella(+1.50) **(Nuts, Soya)**
- Biscoff **(Gluten, Soya)**
- Maple syrup
- Toasted coconut
- Pecans **(Nuts)**
- Goji berries
- Chia seeds
- Brownie bits **(Gluten, Soya)**
- Cookie dough **(Gluten, Soya)**

savoury

WE USE LOCALLY BAKED SOURDOUGH FROM PURE KNEAD IN NEWCASTLE!

AVO SMASH 8.00

Avo with lemon & lime, dukkah, pea shoots & pumpkin seeds. **(Gluten, Nuts)**

Wanna pimp it? Add any of these tasty toppings:

- hot sauce
- tajin
- pickled red onions
- sundried tomatoes
- fresh tomatoes
- everything bagel seasoning **(Nuts, Sesame)**

BEETROOT HUMMUS 9.50

Homemade pink hummus, avo, pickled onions, everything bagel seasoning & balsamic. **(Gluten, Sesame)**

HARISSA CHICKPEA 9.50

Harissa chickpeas, roasted red peppers, rocket & harissa oil **(Gluten, Sesame)**

RED PESTO 9.50

Red pesto garlic cashew cream cheese topped with roasted red peppers, sliced avo, EVERYTHING bagel seasoning and micro basil **(Gluten, Sesame, Nuts, Soya)**

LOADED CREAM CHEESE 9.50

Garlic cream cheese, topped with cucumbers, red onions, tomatoes, dill, capers & everything bagel seasoning **(Gluten, Nuts, Sesame, Soya)**

SOUP OF THE DAY 8.00

Ask what our homemade soup of the day is. Served with toasted & buttered sourdough. **(Gluten, Nuts, Soya)**

oat bowls

BISCOFF OATS 9.00

Biscoff sauce, banana, strawberry & dried strawberry bits **(Gluten, Soya)**

APPLE CRUMBLE OATS 9.00

Homemade apple compote, custard & crumble **(Gluten, Soya) (Available GF)**

STICKY TOFFEE OATS 9.00

Banana, sticky toffee sauce, honeycomb bits & salted pretzels **(Gluten) (Available GF)**

PEAR CHAI OATS 9.00

Chai oats with pear compote & our sticky toffee caramel with crushed toasted pecans **(Nuts) (Available GF)**

PLEASE COMMUNICATE WITH OUR STAFF OF ANY ALLERGENS! AND ANY QUESTIONS FEEL FREE TO ASK US WE ARE HAPPY TO HELP!